

YES IN MY BACKYARD

Substance Use and Harm Reduction in Ottawa

BRUCE HOUSE



"Not in My Backyard" is a form of opposition to development in one's neighbourhood.

Community members may be opposed to these developments for several reasons, such as concerns related to safety.

"Yes in My Backyard" challenges this opposition and works to determine how the interests of communities and service users may both be recognized.

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Between January and March 2019, supervised consumption sites in Ottawa received 20,433 visits.

(OPH)

People who inject drugs are at risk of infections such as HIV and hepatitis C through the sharing of needles and other injecting equipment.

(Catie)

40 DEATHS PER YEAR

In Ottawa, drug overdoses result in 115 hospitalizations and 40 deaths per year. (OPH)



In 2014-2015, there were 13 hospitalizations for opioid poisoning every day in Canada.

(CIHI)

What are the benefits of a harm reduction approach?

- REDUCES SOCIAL ISOLATION AND STIGMA
- INCREASES COMMUNITY SAFETY
- REDUCES RATE OF FATAL OVERDOSES
- REDUCES RISK OF HEPATITIS AND HIV (SWCHC)

COMMUNITY RESOURCES

Supervised Injection Sites

OASIS ••• Mon - Fri 8:00 a.m. to 8:00 p.m.

Sandy Hill CHC - 221 Nelson St - (613) 569-3488

TRAILER ••• 24 / 7

Ottawa Inner City Health - 230 Murray St - (613) 241-6496

SUPERVISED CONSUMPTION SITE ••• Every day, 8:30 a.m. to 7:30 p.m.

Somerset West CHC - 55 Eccles St - (613) 238-8210 *Last call: 7:00 p.m.

SUPERVISED CONSUMPTION SERVICE ••• Every day, 9:00 a.m. to 9 p.m.

Ottawa Public Health - 179 Clarence St - (613) 580-2424 ext. 29047

Free Naloxone Kits

- Select pharmacies in Ottawa
- Ottawa Public Health Site Needle + Syringe Program
- Sandy Hill CHC

Harm reduction Supplies

OASIS ••• Mon - Fri 8:00 a.m. to 8:00 p.m.

Sandy Hill CHC - 221 Nelson St

THE TOOL SHED ••• Mon - Fri 1:00 p.m. to 5:00 p.m.

Aids Committee of Ottawa - 19 Main St - (613) 238-5014 ext. 239

HARM REDUCTION SERVICES

Centretown Community Health Centre

420 Cooper St - (613) 233-4443

Mon - Fri 1:00 p.m. to 4:00 p.m.

Outside of these hours: visit reception for a grab bag.

Mobile Services

NESI Van (613)

761-0003

Delivers safe injection supplies

Mon - Sat 5:00 p.m. to 11:30 p.m.

SITE VAN (613) 232-3232

Mon - Sun 5:00 p.m. to 11:30 p.m.